Empowered with the right information and resources, managing and treating elderly clients with dysphagia can be very rewarding. This clinically relevant seminar brings together seven leading dysphagia experts to examine current research and best practice when addressing the needs of elderly clients with swallowing disorders. Discussion will focus on matching specific treatments with specific swallowing disorders and the decision-making process when employing diet modification, exercise, postures, positioning, maneuvers, or specific techniques related to cognitive loss. The recommendation of non-oral feedings will also be discussed. Included will be a specific segment addressing esophageal disorders to help the SLP know when to refer to other health care professionals. Special considerations and treatment suggestions when implementing programs for patients with cognitive loss will be covered. Also included will be a session on pharmacology and dysphagia. Common diagnostic groups and targeted interventions appropriate for these disorders will be discussed for clients with CVA, Parkinson’s disease, Dementia, COPD, ALS, MD and MS.

**SEMINAR DESCRIPTION**

**SEMINAR LOCATION**

Holiday Inn
Select Toronto Airport
970 Dixon Road
Toronto, Ontario M9W 1J9
Phone: 416-675-7611

The Holiday Inn offers a free shuttle to/from the Toronto Airport. Request the NSS rate of $109 when making room reservations.

**PRICE:** $299.00 USD
2 or more $279.00 USD
5 or more $249.00 USD

**REGISTER EARLY - SPACE IS LIMITED**
Late Fee: Add $20 if registering less than two weeks prior to seminar.

**SPEAKERS**

- Reza Shaker, MD, Gastroenterologist
- Jacqueline A. Hind, MS, CCC-SLP, BRS-S
- Roxann Diez Gross, PhD, CCC-SLP
- Darlene Graner, MA, CCC-SLP, BRS-S
- Leslie Mahler, PhD, CCC-SLP
- Peter Johnson, PhD, CCC-SLP
- Paula Leslie, PhD, CCC-SLP

see page 13 for speaker bios

**Intended Audience:**

Speech-Language Pathologists who evaluate and treat clients with dysphagia.

LEVEL: Intermediate.

This course is offered for 12 ASHA CEUs (Intermediate level, Professional area).

Northern Speech Services is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content areas. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.
SEMINAR OUTLINE

DAY ONE
7:45-8:25  Check In and Onsite Registration (Coffee and Tea)
8:25-8:30  General Seminar Information
8:30-10:00  Jacqueline Hind
Overview of Aging and Swallowing Including the Cross
Over from Presbyphagia to Dysphagia
10:00-10:15  Break
10:15-11:45  Leslie Mahler
Evidence-Based Practice in the Treatment
of Post-Stroke Dysphagia and Parkinson’s disease
11:45-1:00  Lunch on Own
1:00-2:30  Roxann Diez Gross
Respiratory Considerations in Swallowing
Treatment with Emphasis on Patients with COPD
2:30-2:45  Break
2:45-4:15  Reza Shaker
Esophageal Considerations and Referral Guidelines
4:15  Adjourn and Sign Out

DAY TWO
7:30-7:55  Sign In (Coffee and Tea)
7:55-8:00  General Seminar Information
8:00-9:30  Darlene Graner
Therapy Techniques and Management Strategies
for ALS, MG (Myasthenia Gravis), and MS
9:30-9:45  Break
9:45-11:15  Paula Leslie
End-of-Life Considerations Including
Recommendations for Non-Oral Feeding
11:15-12:15  Lunch on Own
12:15-1:45  Peter Johnson
Treating and Managing Dysphagia in
Persons with Dementia
1:45-2:00  Break
2:00-3:30  Peter Johnson
Pharmacology: Drugs That Cause Dysphagia;
Drugs That Prevent Dysphagia
3:30  Adjourn and Sign Out

SEMINAR OBJECTIVES
Participants will:

1. Interpret a radiographic study of oropharyngeal swallow in patients
   with Parkinson’s disease.
2. Design a swallowing therapy program for patients with Idiopathic
   Parkinson’s disease based on existing evidence of treatment
effectiveness.
3. State the importance of obtaining an instrumental evaluation to
determine treatment for dysphagia.
4. Explain the various evidence-based therapy techniques for post-
    stroke dysphagia.
5. Increase understanding of age-related neuromuscular and
    neurophysiologic processes that increase risk of dysphagia in elders.
6. Select compensatory or rehabilitative interventions according to
    patient-specific criteria for dysphagia management in elders.
7. State appropriate interventions for a person with ALS who has
dysphagia.
8. List three barriers to successful oral intake.
10. Identify medications that have been associated with causing
dysphagia.

Empowered with the latest clinical information, managing and treating elderly clients with dysphagia can be very rewarding.
SEMINAR SCHEDULE

- Dysphagia In The Elderly: Current Research And Best Practice
  #1936 TORONTO, ON

- Dysphagia Practice: A Comprehensive Examination Of All Three Stages Of The Swallow
  #1973 CALGARY, AB

- Children Who Struggle To Speak: The Kaufman Speech To Language Protocol
  #1937 VANCOUVER, BC

- Motivating Children With Autism To Speak: Incorporating ABA Principles To Build Functional Communication
  #1932 EDMONTON, AB

- Teaching Children With Developmental Disabilities To Speak: Current Research And Best Practice
  #1935 TORONTO, ON

Plus over 30 additional seminars upcoming in the United States.
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Interpretation of Videofluoroscopic Swallow Studies

TWO EXCELLENT STUDY GUIDES TO IMPROVE YOUR ABILITY TO DIAGNOSE AND PLAN TREATMENT FOR OROPHARYNGEAL DYSPHAGIA THROUGH VIDEOFLUOROSCOPY

SEMINAR REGISTRATION FORM

Register online at www.northernspeech.com. Click on CE Seminars.

SPACE IS LIMITED AND REGISTRATION MUST BE CONFIRMED ON A PREPAID BASIS BY CREDIT CARD OR CHECK.
(Make check payable to NSS. Purchase orders NOT accepted.)

Please Print

Seminar # ______ _____ ______

Seminar Title ________________________________

Name of Regrant ________________________________

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Discipline required for CEE processing ☐ SLP ☐ Other ________________________________

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Please indicate numbers where you can be reached if necessary

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Expiration Date ____________________ CV #*

*CV# is the last 3 digits on the signature panel of Visa/MC/Discover • 4 digit # above card # on front of Amex

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Mail Registration To: NSS, P.O. Box 1247, Gaylord, MI 49734

or Call: 888.337.3866 Fax: 888.696.9655 email: info@northernspeech.com

Cancellations: Tuition will be refunded, less a $25 USD processing fee, if written notification is received by NSS up to two weeks prior to the seminar. Two weeks to 72 hours prior: 50% refund; 72 hours or less: no refund. Substitutions are allowed if NSS is notified in advance. NSS reserves the right to cancel the event 7 days prior to the seminar date.