

#1991 HOUSTON, TX - October 23-24, 2010

#1992 St. LOUIS, MO - October 30-31, 2010

1.2 ASHA CEUs

## SPEAKERS

Cathy Lazarus,  
PhD, CCC-SLP, BRS-S

Donna Lundy,  
PhD, CCC-SLP, BRS-S

Ianessa Humbert,  
PhD, CCC-SLP

# Dysphagia Practice: All About Treatment

## SEMINAR DESCRIPTION

Treatment for swallowing disorders varies depending on the etiology and the nature of the patient's dysphagia. This clinically focused seminar will present treatments including exercise programs such as tongue strengthening, sensory interventions, motor interventions, electrical stimulation, and swallow maneuvers. Participants will learn when to use a specific treatment for a specific patient. Also presented will be the use of electrical stimulation, including appropriate use of this treatment, inappropriate use of this treatment, and patient selection criteria. Methods for evaluating the patient's success with various techniques will be examined and discussed. The goal of this seminar is to provide information that participants can use to determine best practice, and information to help participants achieve functional outcomes in less time.

## SEMINAR LOCATIONS

October 23-24, 2010 / Houston, TX

**Doubletree Houston  
Intercontinental Airport**  
15747 JFK Boulevard  
Houston, TX 77032  
Phone: 281-848-4000

October 30-31, 2010 / St. Louis, MO

**Doubletree Hotel  
St. Louis at Westport**  
1973 Craigshire Road  
St. Louis, MO 63146  
Phone: 314-434-0100

**PRICE: \$325.00**

**2 or more \$295.00**

**5 or more \$275.00**

**REGISTER EARLY -  
SPACE IS LIMITED**

Late Fee: Add \$20 if  
registering less than two  
weeks prior to seminar.

This course is  
offered for  
**1.2 ASHA CEUs**  
(Intermediate level,  
Professional area).



Northern Speech Services is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

### Intended Audience:

Speech-Language Pathologists in  
clinical practice who evaluate and treat  
clients with dysphagia.

**Register**

at [www.northernspeech.com](http://www.northernspeech.com)

## SEMINAR OUTLINE

### DAY ONE

7:30-7:50	<b>Check In and Registration (Coffee and Tea)</b>
7:55-8:00	General Seminar Information
8:00-9:30	Electrical Stimulation: Types and Methodology (Humbert)
9:30-9:40	<b>Break</b>
9:40-11:10	Electrical Stimulation: When It Works; When It Doesn't; Patient Selection Criteria (Humbert)
11:10-11:15	<b>Stretch Break</b>
11:15-12:00	Sensory Therapy: What the Literature Says About Best Practice (Lundy)
12:00-1:00	<b>Lunch On Own</b>
1:00-1:45	Sensory Therapy <i>Continued</i>
1:45-2:30	Motor Therapy: What the Literature Says About Best Practice (Lazarus)
2:30-2:45	<b>Break</b>
2:45-3:30	Motor Therapy <i>Continued</i>
3:30-4:30	Sensory and Motor Therapy Demonstration (Lazarus/Lundy)
4:30	<b>Adjourn and Sign Out</b>

### DAY TWO

7:30-7:55	<b>Sign In (Coffee and Tea)</b>
7:55-8:00	General Seminar Information
8:00-10:00	Tongue Strength Therapy: For Whom, When, and How Often? Includes Demonstration (Lazarus)
10:00-10:10	<b>Break</b>
10:10-11:40	Integrating Therapy into Diagnostics, Including When and How To Use Postures, Maneuvers, and Positioning (Lundy)
11:40-11:45	<b>Stretch Break</b>
11:45-1:15	Case Studies with Video Examples and Final Questions (Lazarus/Lundy)
1:15	<b>Adjourn and Sign Out</b>

*"I liked hearing research that supports treatment approaches.  
Also practical treatment ideas that I can use on Monday."*

## SEMINAR OBJECTIVES

**At seminar conclusion, participants will be able to:**

1. State a treatment appropriate for a patient with head and neck cancer.
2. Discuss a sensory intervention appropriate for a delayed pharyngeal swallow.
3. Discuss a swallowing maneuver that can be used to improve airway closure.
4. Explain when it is appropriate to use the Shaker Exercise.
5. List behaviors that indicate electrical stimulation could be harming a patient.
6. Explain how using electrical stimulation can improve swallow function.



*Learn what swallowing muscles contract following e-stim and what swallowing structures are affected by this muscle activity.*

# SEMINAR SCHEDULE

## Aspiration Pneumonia: Differential Diagnosis and Role of SLP P 2-3

- #2004 KANSAS CITY, MO

## Aspiration Pneumonia: Oral Care and Free Water P 4-5

- #1987 MORRISTOWN, NJ

## Best Treatment for Language & Cognitive Disorders P 6-7

- #1994 CHICAGO, IL
- #1995 INDIANAPOLIS, IN
- #1993 SHREVEPORT, LA

## Cognitive Rehabilitation P 8-9

- #2006 MINNEAPOLIS, MN

## Dementia: Treatment for Communication, Cognition, and Swallowing P 10-11

- #2002 BRISTOL, TN/VA

## Dysphagia In The Elderly: Complex Patients P 12-13

- #2005 ATLANTA, GA

## Dysphagia In The Elderly: Current Research and Best Practice P 14-15

- #1999 LAS VEGAS, NV

## Dysphagia Interventions: The Esophagus, Acid Reflux Disease, Oral Hygiene and Free Water P 16-17

- #1989 MIAMI, FL
- #1988 NASHVILLE, TN

## Dysphagia Practice: All About Treatment P 18-19

- #1992 ST. LOUIS, MO
- #1991 HOUSTON, TX

## Interventions for Cognitive Disorders P 20-21

- #2011 PORTLAND, OR

## Head and Neck Cancer P 22-23

- #1990 SEATTLE, WA

## Standardizing Dysphagia Practice: Using the MBS Impairment Profile P 24-25

- #1998 FREMONT, CA
- #1996 BOSTON, MA
- #1997 DALLAS / FT WORTH, TX

## The Vulnerable Elderly Patient with Dysphagia P 26-27

- #2003 AVON (Hartford area), CT

## Trach / Vent P 28-29

- #2001 OKLAHOMA CITY, OK
- #2000 KNOXVILLE, TN

## SEMINAR REGISTRATION FORM

Register online at [www.northernspeech.com](http://www.northernspeech.com). Click on *CE Seminars*.

SPACE IS LIMITED AND REGISTRATION MUST BE CONFIRMED ON A PREPAID BASIS BY CREDIT CARD OR CHECK.

(Make check payable to **NSS**. Purchase orders NOT accepted.)

**Please Print**

Seminar # \_\_\_\_\_ Seminar Date \_\_\_\_\_

Seminar Title \_\_\_\_\_

Name of Registrant \_\_\_\_\_

ASHA Account Number \_\_\_\_\_

State License Number \_\_\_\_\_

Discipline required for CEU processing  SLP  Other (please specify)

Home Address \_\_\_\_\_

Work Facility Name & Address \_\_\_\_\_

Please indicate numbers where you can be reached if necessary

Phone: Work (\_\_\_\_\_) \_\_\_\_\_

Home (\_\_\_\_\_) \_\_\_\_\_

Fax (\_\_\_\_\_) \_\_\_\_\_

Email Address \_\_\_\_\_

Tuition Amount \_\_\_\_\_

Credit Card # \_\_\_\_\_

(Visa, MC, Amerx, Discover)

Expiration Date \_\_\_\_\_ CV #\* \_\_\_\_\_

\*CV# is the last 3 digits on the signature panel of Visa/MC/Discover • 4 digit # above card # on front of Amx

Card Holder's Name \_\_\_\_\_

Card Holder's Signature \_\_\_\_\_

Card Holder's Address \_\_\_\_\_

**Mail Registration To:** NSS, P.O. Box 1247, Gaylord, MI 49734

**or Call:** 888.337.3866 **Fax:** 888.696.9655 **email:** [info@northernspeech.com](mailto:info@northernspeech.com)

**Cancellations:** Tuition will be refunded, less a \$25 processing fee, if written notification is received by *NSS* up to two weeks prior to the seminar. Two weeks to 72 hours prior: 50% refund; 72 hours or less: no refund. Substitutions are allowed if *NSS* is notified in advance. *NSS* reserves the right to cancel the event 7 days prior to the seminar date.